

**Nutrition and Dietetic Major  
Recommended Curriculum Plan for 2023-2024**

**Student begins at BenU as Freshman**

Undergraduate (120 needed)	YEAR 1 (31)	YEAR 2 (31)	YEAR 3 (30 +4?)	YEAR 4 (28)
<b>University General Education Course Requirements:</b>	WRIT 1101 (3) MATH/BALT 1150 (3) COMM1110 (3)  WRIT 1102 (3) QRT (3)	QHT (3)  QCA (3) IDS 2201-2204 G/S (3)	QPL (3) – suggest ethics course  QPE – global (3)	IDS 3301-3304 G/S (3)  QLR (3)
<b>Major/Program</b> (70 credits):	CHEM 1101/1102 (4) <u>PSYC 1100/ SOC 1100 / SOCL 2000 (3) - 7</u>  CHEM 1103/1104/1109 (5) NUTR 2241 (3) <u>NUTR 2245 (1) - 9</u>	BIOL 1157 (4) ServSafe Mgr Cert online certificate NUTR 2242 (1) NUTR 3375 (3) <u>NUTR 3244 (3) - 11</u>  BIOL 1158 (4) NUTR 2280 (3) NUTR 2220 study <u>abroad [spring. odd years]</u> OR NUTR 2298 (3)	NUTR 2250 (3) HLED 3271 (3) <u>NUTR 4371 (4) - 10</u>  NUTR 4395 (2) NUTR 4250 (3) NUTR 4374 (4) <u>BIOL 1156 (4) - 13</u>	NUTR 4472 (3) NUTR 5491 (3)* <i>previously 3391*</i> MATH 1150/MATH 2229 or PSYC 2250 (3) <u>Elective (2) - 11</u>  NUTR 4475 (1) NUTR 4392 (2) <u>Elective* (4-8) - 11</u>
<b>Electives/Minor</b>			Elective*: suggest NUTR 4297 (4) in summer*	

\*Some electives can be used as 5000 level courses in senior year, or to fulfill requirements of a minor. If for a minor, minor courses should start in sophomore year, redistributing University General Education courses.

**2+2 Program Design with a Two-Year College**

Undergraduate	YEAR 1	YEAR 2	YEAR 3	YEAR 4
<b>University General Education Course Requirements:</b>	Other AA/AS requirements, including skill courses	Other AA/AS requirements	IDS 2201-2204 (3)	IDS 3301-3304 (3)
<b>Major/Program:</b>	Introduction to Chemistry with lab Introduction to Organic Chemistry with lab Introduction to PSYC or Introduction to SOC or cultural anthropology	Anatomy & Physiology I Anatomy & Physiology II Statistics Philosophy course – suggest ethics BIOL 1156* (4)	ServSafe Mgr Cert online certificate NUTR 2241 (3) NUTR 2242 (1) NUTR 2245 (1) NUTR 3244 (3) NUTR 2250 (3) - 11  NUTR 2280 (3) NUTR 2220 study <u>abroad [spring. odd years]</u> OR NUTR 2298 (3) NUTR 4250 (3) CHEM 1109 (2) HLED 3271 (3) -14	NUTR 3375 (3) NUTR 4371 (4) NUTR 4472 (3) <u>NUTR 5491 (3) - 13</u>  NUTR 4374 (4) NUTR 4475 (1) NUTR 4392 (2) NUTR 4395 (2) Elective (3) - 12
<b>Other:</b>				Must meet 120 credit hours

\*Students should complete BIOL 1157 and 1158 prior to coming to BenU. BIOL 1156 (4) Microbiology can be taken at the community college prior to entry into BenU