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**INTENT TO PARTICIPATE
HEALTH PROFESSIONS RECOMMENDATION COMMITTEE
BENEDICTINE UNIVERSITY COLLEGE OF SCIENCE AND HEALTH**

Composite letters of recommendations are preferred by most medical and dental schools, and are accepted by most other professional schools and graduate programs. This form must be completed by any Benedictine University student or alumnus interested in participating in the process to receive a composite letter of recommendation from the **Health Professions Recommendation Committee**.

Name

BenID

BenU email

Profession of interest

If Other, specify

Please check here if you are a transfer student with <30 credits from Benedictine University

Please check here if you are planning to apply in the 2025-2026 CAS cycle for your

profession Please check here if you are LECOM EAP (early acceptance program)

Request for exception to pre-requisites for letter from the Health Profession Recommendation Committee

Missing Pre-requisite (check all that apply):

- ☐ Minimum Cumulative GPA (3.3 for Medicine, Dentistry, Physician Assistant, Physical Therapy & Optometry)
- ☐ Minimum Biology/Chemistry/Physics/Math (BCPM) GPA (3.1 for Medicine, Dentistry, Physician Assistant, Physical Therapy & Optometry)
- ☐ Other

Reason for requesting the exception:

Please complete the self assessment on the following page prior to submitting this form.

Please respond to the following statements on your knowledge of and experience in healthcare settings:

	strongly agree	agree	disagree	strongly disagree
I have had enough concrete, personal experience in healthcare settings to convince others that I have a realistic understanding of my future profession.				
Through my experiences, I can demonstrate my readiness and ability to care for others from diverse backgrounds who have medical needs.				
I can confidently articulate my motivation for my chosen profession.				
I am confident that my recommendation writers can speak to my readiness and “fit” for my chosen profession.				

Please respond to the following statements on your interpersonal competencies:

	strongly agree	agree	disagree	strongly disagree
Through my academic, cocurricular, and work experiences, I have demonstrated my service orientation and commitment to civic engagement .				
Through my academic, cocurricular, and work experiences, I have demonstrated my respect for and ability to work with individuals from backgrounds different from my own .				
Through my academic, cocurricular, and work experiences, I have demonstrated my ability to work collaboratively with others toward shared goals.				
I am confident in my oral communication skills.				

Please respond to the following statements on your overall candidacy:

	strongly agree	agree	disagree	strongly disagree
I am confident that my candidacy is strong enough that I can reach my goals this application cycle.				
I am confident that I have the time to dedicate to preparing a strong application this spring and summer.				
I am open to taking another year to improve my candidacy prior to applying.				