



Campus Housing The Alhambra Student Move-In Guide

Packing Suggestions

Moving to college does not have to be stressful. Knowing what to bring and what to leave behind allows you to plan ahead so you can get off to a great start. Generally, new students tend to bring more than they really need. Remember, you are moving into a room that you will share with other roommates who are bringing their belongings as well. You can always choose to bring or buy additional items later. As for your wardrobe, assume you will need clothes for every occasion and every season, especially Arizona's hot heat. However, remember that you can always arrange to have additional items shipped to you later or you can plan to bring them back with you when you visit home again.

The following items are provided for each resident's use in the building and must remain there. The furniture in each room is intended to be shared with each resident. Common area furniture is intended for use by each resident in Alhambra.

Each room comes with: *One per student

*Desk

*Desk Chair

- *Bed and mattress twin, extra long
- *Closet with clothing rack
- *Dresser

Alhambra shared ammenities: Sofas Chairs Kitchen table and chairs Kitchen with stove, oven, refrigerator Microwave Central air/heat Outdoor grill Patio furniture

Additional Information

ROOM ASSIGNMENTS

Have this accessible, whether it's printed out or on your phone. It will help you on move in day, so that you know where you will be going. Your room assignment email identifies the room number that you will occupy. The floor you are living on next year begins with your room number. If you are unsure where to go during move-in, one of the resident assitants can direct you.

ROOMMATES

We encourage you to contact your roommate(s) as early as possible about the items only one of you may need to bring (iron, cookware, flatware, etc). Our checklist will help guide you through this discussion. We also recommend that you think now about your living style and preferences on such things as quiet hours, guests, cleaning arrangements, privacy, study times, etc. so you can discuss these with your roommates once you arrive or ahead of time.

LINENS

All beds in Alhambra require twin, extra long linens.

DECORATING YOUR SPACE

We understand that your room should reflect your personality. With that being said, nothing that permanently alters the space is permitted. Posters and artwork must be hung with 3M command strips or hooks. Tape and nails are not recommended. Students will be held financially accountable to any damage contained in their space. Painting the walls is prohibited.

HEALTH INSURANCE

Students living on campus are required by contract to have health insurance. It's a good idea to have a copy of your health insurance card, in the event you need to use during your stay here. All information must be complete and on file with the University by the first day of a student's first semester classes. Failure to meet this requirement will result in a Health Hold on your account and delay move-in.

STORAGE ON CAMPUS

There isn't any! This means that everything you bring with you on move-in day (including the boxes, suitcases, packing crates, etc.) will have to be stored in your room. We recommend that your parents/guardians take additional items such as packing crates and boxes back home for you.

WHAT TO BRING TO COLLEGE

Recommended:

- 2 face masks (minimum)
- Hand sanitizer
- Towels
- Bed linens
- Mini toolbox
- Clothes hangars
- Vaccuum/broom/mop
- Phone & charger
- Cleaning supplies
- Prescriptions
- - Umbrella

Items to consider sharing with roommate:

- Gaming system
- Iron/ironing board
- Trash cans
- Pots & pans
- Plates & utensils

Leave at home:

- Space heaters
- Pets
- Exercise machines
- Neon lighted signs
- Weapons/firearms
- Hookah
- Power strips that are not UL devices
- Dart boards, darts, paintball guns, water guns, etc.
- Nails, adhesive hooks, double-sided adhesive tape
- Toaster oven, grills, electric frying pan, hot plates
- Candles, incense, oil lamps
- Hoverboards

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- Laundry basket
- Storage bins
- Backpack
- Mini first aid kit
- Trashcan
- Garbage bags
- Portable fan
- Desk/room lamp
- Snacks, bottled water

- Kitchen items
 - Plants
 - Dry erase message board
 - Room decorations
 - Microwave
 - Coffee/tea maker
 - Water beds
 - Weights/barbells

 - Fireworks/sparklers
- Satellite dishes

 - Hallogen/sun lamps

PACKING CHECKLIST

CLEANING SUPPLIES

O Vacuum/dust buster

O Toilet scrubber/cleaner

O Disposable gloves

O All-purpose cleaner

ACADEMIC SUPPLIES

O Computer (laptop preferred)

O Pens, pencils, sharpener

O Desk/room lamp

O Paper Towels

O Sponges, rags

O Dish soap

O Febreeze

O Trash bags

O Printer, ink

O Sticky notes

O Highlighters

O Ruler

O Scissors

O Backpack

O Chip clips

O Pots/pans

Oven mit

O Spatula

WIRING O Cable cord

O Fan

O Dish towels

O Can opener

O Ethernet cord

O 3-prong power strip

MISCELLANEOUS

O Bike lock, chain

O Waste basket O Alarm clock O Batteries

O Storage cubes/containers

O Folders, binders

O Stapler, remover

KITCHEN SUPPLIES

O Tupperware, ziploc bags

O Plates, bowls, utensils

O Salt & pepper shakers

O Broom, mop

O Disinfectant

BED LINENS

- OMattress pads/topper
- O Bedding set
- O Pillow/pillow case
- **O**Throw

BATHROOM

- O Toilet paper
- O Toiletries (soap, shampoo, toothbrush/paste, etc.)
- O Towels, washcloths
- OHairdryer, hairbrush
- OKleenex, cotton balls
- **O**Lotion
- ORazors, shaving cream
- **O**Tweezers
- **O**Nail clippers
- O First aid kit, thermometer
- OPain reliever, cold medicine ONotebooks
- OSanitary items

CLOTHES

- OSweats/lounge wear
- O Recreational/exercise
- Coats
- ORobe
- O Shower shoes/flip flops

DECORATIONS

- OThrow rugs
- OLamp
- OPosters, pictures
- **O**Plants
- O3M strips/hooks

ENTERTAINMENT

- ○Cards
- OBoard games
- OSports equipment
- OGaming system
- **O**Headphones OCell phone charger

LAUNDRY SUPPLIES

OLaundry bag/basket

ODetergent/softener

OStain remover OLint roller

ODrying rack

OSewing kit

OClothes hangars

SOME TIPS FOR ROOMMATE SUCCESS

BE RESPECTFUL

- o Never borrow anything unless you ask permission first. Don't borrow items like shampoo with the hopes that they won't notice.
- o When you do have permission, be careful and conscientious so you won't break anything.
- o If you and your roommates have a cleaning schedule, take it upon yourself to do your turn, and don't wait to be reminded.
- o Respect each others independence. Being a good roommate does not mean agreeing with everything your roommate suggests or does, nor does it mean doing everything together.

BE COURTEOUS

- o Try to have good manners. For example, when your roommate is doing homework or is talking on the phone, don't blast your music.
- o Be civil with each other. There's no need to scream or yell at each other to get a point across.
- o Be gentle. Don't use your roommate as your frustration punching bag. Take it easy! Breathe!
- o Be willing to compromise, but don't let yourself get walked on. Each roommate should work together to find a solution.

COMMUNICATE

- o Take time. If you both have busy schedules, try to set aside time every week just to talk about how things are going.
- Be honest about your feelings. If you're upset about being woken up when your roommate comes in at 2:00 AM, let your roommate know. Identify the problem. Discuss your likes and dislikes. Remember, people cannot read your thoughts. What bothers one person may be totally acceptable to another. Express yourself, but be sure to listen as well. Be flexible with yourself and with others.
- o Be able to take constructive criticism. Don't be defensive. Try to listen open-mindedly.
- o Be compassionate. Your roommate isn't used to living with someone else either. Understand each other and be supportive.
- o Discuss new approaches and ways in which you and your roommate can comfortably co-exist. Living with another individual is as much of a learning experience as the classroom. When the result is not satisfactory, talk it over and generate new ideas.

BE ALERT

- o It's good to notice when your roommate is having a bad day, but don't constantly ask "What's wrong? Are you mad at me?"
- o Notice signs of preparation for bed and studying.
- o Offer to do fun things with your roommate when she/he looks bored, but don't expect to be joined at the hip.
- o Be aware of petty irritations: noise, messes, consistent guests, etc.

