

## Alcohol and Drug Policy

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### **Title: Benedictine University Alcohol and Drug Policy**

### **Policy Reference: Student, Faculty and Employee Handbooks**

#### **Background:**

The Federal Government has enacted legislation titled “The Drug Free Schools and Communities Act Amendments of 1989” (20 U.S.C. § 1011i; 34 C.F.R. § 86.1 *et seq.*; 55 Fed. Reg. 33,580 (Aug. 16, 1990)). This law requires institutions receiving federal financial assistance to establish drug and alcohol abuse prevention programs for students and employees. Universities are expected to set clear standards of conduct and institute firm and consistent enforcement practices. Meeting the requirements of the law also requires that the University provide students and employees with information on: applicable laws regarding alcohol and drugs; the health risks of drug and alcohol abuse; available counseling and treatment programs; and sanctions the university will impose for a violation of its standards of conduct.

#### **Policy Statement:**

The Benedictine University Alcohol and Drug Policy (the “Policy”), like other standards of conduct applicable to the University community, is intended to further the educational mission of Benedictine University. Faculty, staff and students are expected to foster an environment that promotes the acquisition of knowledge, nurtures the growth of the individual and assures the safety, security and well-being of everyone in the University community. Accordingly, the use, including sale, delivery, possession, and consumption of alcoholic beverages in or on any property owned or controlled by the University is strictly prohibited, except as otherwise provided in this Policy. Where permitted in the Policy, the use of alcoholic beverages on University premises shall be considered a privilege and may be allowed only if consistent with state laws and University policy, and only when it will not interfere with the Benedictine community values of respect and consideration for every individual, mutual concern for the good of all and the welcoming of the stranger. In addition, faculty, staff and students must adhere to a code of conduct that recognizes that the unlawful manufacture, sale, delivery, possession, or use of any illicit drug is also strictly prohibited on property owned or controlled by Benedictine University or as part of any on-campus or off-campus University activity.

#### **I. Definitions:**

- **Alcoholic Beverage:** For the purpose of this Policy, the term “alcoholic beverages” includes only legally produced, commercially available beverages having alcoholic content. All other beverages having an alcoholic content shall be strictly prohibited and excluded from the permissible uses under this Policy.
- **Legal Drinking Age:** The legal age for use or possession of alcoholic beverages in Illinois and Arizona is 21 years.
- **Prescription Drug:** An FDA-approved drug legally dispensed only pursuant to a prescription written by an authorized person.
- **Illicit Drug:** Drugs that are illegal to use, possess or produce; and the unlawful possession, use and sharing of Prescription Drugs.
- **Designated Student Housing:** A student housing residential building, where the University has approved the issuance of alcohol use permits. On the Lisle campus, Founders’ Woods is the designated student housing.

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- **Designer Drugs:** A synthetic version of a controlled substance that is produced with a slightly altered molecular structure to avoid having it classified as an illicit drug. (i.e., ecstasy)
- **Medical Marijuana (M/M):** Persons in possession of M/M must carry a Patient Card which allows for the purchase, possession and use of M/M and paraphernalia within the limits of the statute.

### II. Standards of Conduct:

All University faculty, staff and students are expected to comply with applicable local, state and federal laws and all University policies pertaining to the possession, use or sale of alcohol and drugs. Benedictine University follows local and federal laws prohibiting the unlawful manufacture, distribution, dispensation, sale, possession, advertisement or use of illicit drugs and alcohol by any person on property owned or controlled by Benedictine University or as part of any on-campus or off-campus University activity. These laws carry penalties for violations, including monetary fines, forfeiture, and imprisonment.

- A. University faculty and staff are expected to remain unimpaired by drugs or alcohol while working or when participating in any on-campus or off-campus University activity.
- B. Possession and/or consumption of alcoholic beverages by persons less than 21 years of age and intoxication of any person, regardless of age on property owned or controlled by Benedictine University, or as part of any on-campus or off-campus University activity are strictly prohibited.
- C. The responsible consumption of alcoholic beverages by persons 21 years of age or older is permitted at University food service facilities with a current liquor license, and in specified areas at authorized University events.
- D. Student residents of Designated Student Housing holding a valid alcohol permit are allowed to possess and responsibly consume alcoholic beverages in compliance with the Residence Life Alcohol Policy.

### III. Prohibitions:

The University prohibits the following on property owned or controlled by Benedictine University or as part of any on-campus or off-campus University activity.

#### A. Pertaining to alcohol:

1. Possession and/or consumption of alcoholic beverages by persons less than 21 years of age;
2. Selling, distributing or otherwise providing alcoholic beverages to and/or by anyone less than 21 years of age.
3. Driving under the influence of alcohol.
4. Consumption of alcoholic beverages by persons 21 years of age or older in any public area or outside of designated areas at authorized University events:
5. Public intoxication of any person, regardless of age;
6. Possession of containers that previously contained alcoholic beverages.
7. Possession of common source containers, of alcohol, whether full or empty, such as kegs, beer balls, or boxed wine.

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### **B. Pertaining to illicit drugs:**

1. Possession of illicit drugs.
2. Use of illicit drugs.
3. Driving while impaired
4. Distribution (any form of exchange, gift, transfer or sale) of illicit drugs.
5. Possession of paraphernalia including any item typically used to inhale/ingest/inject/mask drugs, regardless of whether the item has been used for illegal purposes

### **C. Pertaining to Medical Marijuana:**

1. Possession of M/M on campus grounds
2. Possession of M/M at any off-campus University sanctioned activity
3. Includes all forms:
  - a) Smokeable
  - b) Edible
  - c) Resin
  - d) Etc.

## **IV. University Sanctioned Events:**

All University events involving use of alcoholic beverages on campus including Tailgating must be approved in advance. Event sponsors must complete and submit the Benedictine University Event with Alcohol Authorization Form prior to the event. The University's administration retains complete authority and discretion in determining which events are approved for the use of alcoholic beverages.

- A. For all approved events involving use of alcoholic beverages on any campus or sanctioned event off campus, the event coordinator is responsible for assuring that:
  1. Nonalcoholic beverages and food are made available at the event.
  2. Only Sodexo Food Services staff that have been TIPS or BASSET trained are authorized to serve alcohol at University sanctioned events on the Lisle campus. At any sanctioned event held off campus and on the Mesa and/or Springfield campus alcohol must be served by a licensed and trained bartender, which is not a member of the University staff or a student.
  3. The event shall not include any form of drinking contest in its activities or promotion.
  4. Adequate supervision and security are available for the event as necessary to provide for a safe atmosphere and to permit enforcement of the law concerning underage consumption of alcoholic beverages and other state laws and University policies.
  5. Promotion of the event includes a statement concerning the legal age for consumption of alcoholic beverages and the intent to enforce state laws and University policies.
- B. The University Police, in consultation with the event coordinator and appropriate administrative staff will determine necessary security measures and other actions to assure enforcement of state laws and University policies. In Mesa, Safety Officers will work with event coordinators and appropriate administrative staff to assure enforcement of state laws and University policies.
- C. Tailgating is allowed in specified areas reserved for fans, recognized student organizations and University departments. Rules for tailgaters are located on Benedictine University's Tailgating Information Page. Tailgating is permitted on the Lisle campus only.
- D. Information on the use of alcoholic beverages at the Village of Lisle-Benedictine University Sports Complex is published in the Sports Complex Information and Policies.

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### V. **Disciplinary Penalties/Sanctions:**

- A. Any person who violates this Policy or applicable laws while on University property or while participating in a University activity will be subject to disciplinary sanctions and/or arrest and referral for criminal prosecution.
- B. Faculty, staff and students are responsible for conduct of their guests on property owned or controlled by Benedictine University or as part of any on-campus or off-campus University activity.
- C. Students are responsible to seek immediate assistance for any person known to be experiencing a serious crisis resulting from the consumption of alcoholic beverages or the use of illicit drugs. Students seeking such assistance who are themselves under the influence and the student who is in need of assistance will not receive a sanction under this Policy.
- D. Students found to be in violation of this Policy will be issued a citation, which will initiate the Student Life Conduct Process. Disciplinary sanctions for students range from a warning to expulsion as provided in the Student Handbook.
- E. Students who have been convicted under state or federal law involving the possession or sale of a controlled substance are ineligible for federal student aid for specific periods, ranging from one year to an indefinite period depending on the nature of the offense and whether the student is a repeat offender.
- F. Employees found to be in violation of this Policy or applicable law will be subject to University disciplinary procedures up to and including dismissal from employment.
- G. The University is committed to referring members of the community for appropriate treatment and education through its Student and Employee Assistance Programs.

### VI. **Health Risks:**

Health risks associated with the abuse of drugs or alcohol are numerous and can include mental and physical impairment. The abuse of drugs or alcohol can affect a person's academic, professional and personal life. Drug or alcohol use can create a health and safety risk for the user and other members of the University. Additional information on other commonly abused drugs can be found at [http://www.drugabuse.gov/sites/default/files/cadchart\\_2.pdf](http://www.drugabuse.gov/sites/default/files/cadchart_2.pdf).

#### A. **Alcohol:**

Alcohol consumption causes a number of changes in behavior and physiology. Even low doses significantly impair judgment, coordination, and abstract mental functioning. Statistics show that alcohol use is involved in a majority of violent behaviors on college campuses, including acquaintance rape, vandalism, fights, and incidents of drinking and driving. Continued abuse may lead to dependency, which often causes permanent damage to vital organs and deterioration of a healthy lifestyle.

#### B. **Illicit Drugs:**

1. **Cannabinoids (Marijuana, Hashish):** The use of marijuana may impair or reduce short-term memory and comprehension, alter sense of time, and reduce coordination and energy level. Frequent users often have a lowered immune system and an increased risk of lung cancer. The active ingredient in marijuana, THC, is stored in the fatty tissues of the brain and reproductive system for a minimum of 28 to 30 days.

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2. **Hallucinogens:** Lysergic acid (LSD), mescaline, and psilocybin cause illusions and hallucinations. The user may experience panic, confusion, suspicion, anxiety, and loss of control. Delayed effects, or flashbacks, can occur even when use has ceased. Phencyclidine (PCP) affects the section of the brain that controls the intellect and keeps instincts in check. Because the drug blocks pain receptors, violent PCP episodes may result in self-inflicted injuries.
3. **Opioids (Heroin and Opium):** The use of opioids causes the body to have diminished pain reactions. They can also be a respiratory depressants; cause drowsiness, impaired coordination, feeling of heaviness in the body and fatal overdose.
4. **Stimulants (Amphetamines, Cocaine, and Methamphetamine):** The use of stimulant drugs can cause a rapid or irregular heartbeat, tremors, reduced appetite, paranoia, loss of coordination, collapse, and death. Heavy users are prone to irrational acts, nasal damage and severe dental problems.

### **C. Prescription Drugs:**

An FDA-approved drugs which must, by federal law or regulation, be dispensed only pursuant to a prescription written by an authorized person. Some [Common Types](#) of prescription drugs are antianxiety drugs, antidepressants, antipsychotics, immunosuppressive and tranquilizers. The misuse and abuse of prescription drugs can have a variety of physical and psychological effects, and can result in addiction, accidental overdose and death. Mixing prescription drugs and alcohol or other drugs increases the likelihood of overdose and death.

## **VII. Student and Employee Assistance Programs:**

The University provides services and resources for alcohol and/or drug related difficulties. The following programs are available for students and employees:

- A. The University offers an Employee Assistance Program among other services through ComPsych Guidance Resources. Confidential support is available 24 hours a day. Call 877-595-5284 for more information.
- B. At the Lisle Campus, the Office of Health Services and the Counseling Center provides alcohol and drug prevention, education, brief assessment, and referral. Call (630) 829-6046 for information or an appointment.
- C. At the Springfield Campus, the Student Assistance Program is a resource for students with alcohol/drug prevention, education, assessment and referral services. Counseling is available through St. John's Hospital. Call 217-744-2255 for information or an appointment.
- D. Numerous programs exist in the DuPage and Sangamon Counties in Illinois and Maricopa County in Arizona. Consultation with one's personal physician is advised prior to self-referral to such programs. For further information regarding referral to such programs, contact your personal physician.

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### VIII. Laws:

The following is a list of local, state, and federal laws pertaining to the unlawful possession or distribution of illicit drugs and alcohol. Information on the laws can be found by clicking on the links below.

#### A. Drugs

1. **Illinois Controlled Substances Act** - 720 ILCS 570 -  
<http://www.ilga.gov/legislation/ilcs/ilcs5.asp?ActID=1941&ChapterID=53>
2. **Illinois Cannabis Control Act** – 720 ILCS 550 -  
<http://www.ilga.gov/legislation/ilcs/ilcs3.asp?ActID=1937&ChapterID=53>
3. **Compassionate Use of Medical Cannabis Pilot Program Act** – PA 089-0122 -  
<http://www.ilga.gov/legislation/publicacts/98/PDF/098-0122.pdf>
4. **Illinois Vehicle Code** – 625 ILCS 5/11 -  
<http://www.ilga.gov/legislation/ilcs/ilcs4.asp?DocName=062500050HCh%2E+11+Art%2E+V&ActID=1815&ChapterID=49&SeqStart=113000000&SeqEnd=115000000>
5. **Federal Controlled Substances Act** – 21 U.S.C. 801 -  
<http://www.deadiversion.usdoj.gov/21cfr/21usc/>
6. **Possession and Sale of Controlled Dangerous Substances (CDS)**  
Arizona Revised Statutes Title 13 – 13.3401-13.3422 -  
<http://www.azleg.gov/ArizonaRevisedStatutes.asp?Title=13>

#### B. Alcohol

1. **Illinois Liquor Control Act** – 235 ILCS 5 -  
<http://www.ilga.gov/legislation/ilcs/ilcs5.asp?ActID=1404&ChapterID=26>
2. **Driving Under the Influence** is defined in Illinois as “operating a motor vehicle while impaired by alcohol, other drugs or intoxicating compounds and methamphetamine. In Illinois, a driver is legally considered to be under the influence if he/she has a blood-alcohol concentration (BAC) of .08 or more, has used any illegal substance, or is impaired by medication.” Additional information on this topic can be found at:  
[http://www.cyberdriveillinois.com/publications/pdf\\_publications/dsd\\_a118.pdf](http://www.cyberdriveillinois.com/publications/pdf_publications/dsd_a118.pdf)
3. **Driving Under the Influence** is defined in Arizona as “it is unlawful for a person to drive or be in actual physical control of a vehicle in this state under any of the following circumstances: 1) While under the influence of intoxicating liquor, any drug, a vapor releasing substance containing a toxic substance or any combination of liquor, drugs or vapor releasing substances if the person is impaired to the slightest degree; 2) If the person has an alcohol concentration of 0.08 or more within two hours of driving or being in actual physical control of the vehicle and the alcohol concentration results from alcohol consumed either before or while driving or being in actual physical control of the vehicle.”  
Arizona Revised Statutes Title 28, Chapter 4 – 28-1381 – 28-1390 -  
<http://www.azleg.state.az.us/ArizonaRevisedStatutes.asp?Title=28>
4. **Alcoholic Beverages**  
Arizona Revised Statutes Title 4, 4-241 – 4-244 -  
<http://www.azleg.gov/ArizonaRevisedStatutes.asp?Title=4>

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### **IX. Benedictine University Alcohol and Drug Policy Committee**

The following Committee members are responsible for the maintenance of Benedictine University's Alcohol and Drug Policy. The Policy is reviewed frequently and revisions to the Policy are made only after the Committee has approved them. Please contact any of the Committee members with comments, questions or concerns regarding Benedictine University's Alcohol and Drug Policy.

#### **Committee Members:**

- Teresa Mazzini, Academic Program Coordinator (217) 718-5281
- Kevin Broeckling, Associate Vice President of University Services & Student Life (602) 888-5507
- Michi Dubes, Emergency Preparedness Manager/Safety Specialist (630) 829-6364
- Marco Masini, Vice President, Student Life (630) 829-6006
- Kevin Rappel, Associate Compliance Officer and Director of Regulatory Affairs (630) 829-6404
- Betsy Rhinesmith, Director, Human Resources (630) 829-6412
- Michael Salatino, Chief, University Police (630) 829-6667
- Lou Simios, Sr. Director of Auxiliary Enterprises (630) 829-6085
- Debbie Smith, Director, University Development Events (630) 829-6080
- Dr. David Sonnenberger, Associate Provost (630) 829-6538

### **X. Additional Resources:**

- [Student Handbook—Lisle and Springfield](#)
- [Student Handbook---Mesa](#)
- [Residence Life Alcohol Policy](#)
- Employee Handbook
- Faculty Handbook—Lisle---Springfield---Mesa
- Benedictine University Drug-Free Workplace Policy
- [ComPsych](#)
- [Benedictine University Event with Alcohol Authorization Form](#)
- National Institute on Drug Abuse (NIDA) ([www.drugabuse.gov](http://www.drugabuse.gov))
- Medical Assistant Pharmacology Review ([www.mapharm.com](http://www.mapharm.com))
- [Benedictine University's Tailgating Information Page](#)
- [Sports Complex Information and Policies](#)
- [Drug and Alcohol Abuse Prevention Program](#)

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Departments Responsible: Student Life, Human Resources, Compliance, Emergency Management