

Date: _____

Name: _____

BenU ID #: _____ Semester of Entry: _____

Transfer Rules 2014-2015 Academic Year

Bachelor of Arts in Exercise and Sports Studies 4+1 with M.S. in Clinical Exercise Physiology

Inquiry Curriculum Requirements | A Liberal Arts Curriculum

Basic Skills | Grade of "C" or better required. **12**

COLLEGE	COURSE	CR	GR
	WRIT S101 Writing Colloquium	3	
	WRIT S102 Research Writing	3	
	SPCH S110 Basic Speech	3	
	MATH S110 College Algebra	3	

Interdisciplinary Seminars | Must be completed at BenU. **6**

COLLEGE	COURSE	CR	GR
BenU	IDS 201 Catholic and Benedictine Intellectual Traditions (WI)	3	
BenU	IDS 301 Human Dignity or The Common Good	3	

Modes of Inquiry (MI) | Scholars Program students please refer to specific checklist for requirements.

COLLEGE	COURSE	CR	GR
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| Arts and Humanities **15**

Transfer students must complete 15 semester credit hours in at least four of the required MI in this area, one of which must be Religions/Theological (QRT).

	Religions/Theological (QRT)		
	Philosophical (QPL)		
	Historical (QHT)		
	Literary/Rhetorical (QLR)		
	Artistic/Creative (QCA)		

| Natural Sciences **9**

Transfer students must complete 9 semester credit hours in at least two of the required MI in this area, including at least one Life-Scientific (QLS) and one Physical-Scientific (QPS).

Satisfied by Major	Life-Scientific (QLS)	—	—
Satisfied by Major	Physical-Scientific (QPS)	—	—
Satisfied by Major	Computational, Math and Analytical (QCM)	—	—

| Social Sciences I and II **6**

Transfer students must complete 6 semester credit hours, three in each of the required MI.

	Individuals/Organizations/Societies (QIO)		
	Political/Global/Economic Systems (QPE)		

Cocurricular | Requirements may be met through MI or major courses.

Course or Experience			
	<input type="checkbox"/>	Global Designation (G)	
	<input type="checkbox"/>	Sustainability (S)	
BenU	IDS 201	<input checked="" type="checkbox"/>	Writing Intensive (WI)
BenU	PHED 310	<input checked="" type="checkbox"/>	Writing Intensive (WI)
		<input type="checkbox"/>	Writing Intensive (WI)

Notes | All Undergraduate Degree Programs

GRADUATION REQUIREMENT: Students must submit a total of 120 semester credit hours (with a minimum GPA of 2.0 from Benedictine University courses) of which 45 semester credit hours, including 12 semester credit hours at the 200 level or above in their major field, must be from Benedictine University.

INQUIRY CURRICULUM REQUIREMENTS: Remaining MI courses must be chosen from classes labeled with appropriate designation in catalog or course schedule. Some MI requirements are satisfied by major requirements. Substitutions are not allowed after entry.

Graduation Requirement | Min. Semester Credit Hours **120**

Major Requirements | Grade of "C" or better required. **82**

COLLEGE	COURSE	CR	GR
	BIOL 197 Principles of Org Biology	3	
	BIOL 198 Principles of Biology	3	
	CHEM 101 Introduction to Chemistry	3	
	CHEM 103 Intro to Organic Chemistry & Biochemistry	3	
	BIOL 203 Human Anatomy	4	
	BIOL 258 Human Physiology	4	
	BIOL 358 Exercise Physiology	3	
	NUTR 201 Nutrition in Health & Exercise	3	
	MATH 150 Statistics I	3	
	PHED 200 Philosophy & Foundations of Physical Education	3	
	PHED 201 Assessment & Teaching for Lifetime Physical Fitness	2	
	PHED 237 Sport Psychology	3	
	PHED 240 Teaching Team Sports & Act or	2	
	PHED 241 Teaching Individual Sports & Activities	2	
	PHED 249 Drugs in Society	3	
	PHED 260 First Aid & CPR	3	
	PHED 270 Growth & Development of Children and Adolescents	2	
	PHED 299 Field Experience ①	3	
	PHED 302 Kinesiology	3	
	PHED 310 Research Methods (WI)	3	
	PHED 399 Internship ②	6	
	PHED 100 level activity course	1	
	PHED 100 level activity course	1	
	PHED Elective 300 Level	3	
	HLSC 321 Fitness Testing	1	
	HLSC 322 EKG lab	1	
	HLSC 360 Advanced Cardiovascular and Respiratory Physiology	3	
	HLSC 361 Cardiopulmonary Pathophysiology and Prevention	3	
	HLSC 381 Professional Experience in Clinical Exercise Physiology	3	
	HLSC 382 Advanced Exercise Physiology	1	
	HLSC 392 Exercise Biochemistry and Metabolism	3	

Major Specific Notes | Exercise and Sports Studies

① Students entering into the PHED 299 Field Experience course must have no less than a "C" grade in core courses and a cumulative GPA of 2.5.

② Students entering into the PHED 399 Internship experience must have a cumulative GPA of 2.5 and a GPA of 2.75 in major courses.

